

# **Cancer Is Not A Disease - It's A Survival Mechanism**

by Andreas Moritz

What you are about to read may rock or even dismantle the very foundation of your beliefs about your body, health and healing. The title, "Cancer Is Not a Disease" may be unsettling for many, provocative to some, but encouraging for all. This book will serve as a revelation for those who are sufficiently open-minded to consider the possibility that cancer and other debilitating illnesses are not actual diseases, but desperate and final attempts by the body to stay alive for as long as circumstances permit.

It will perhaps astound you to learn that a person who is afflicted with the main causes of cancer (which constitute the real illness) would most likely die quickly unless he actually grew cancer cells. In this work, I provide evidence to this effect.

I further claim that cancer will only occur after all other defense or healing mechanisms in the body have failed. In extreme circumstances, exposure to large amounts of cancer-producing agents (carcinogens) can bring about a collapse of the body's defenses within several weeks or months and allow for rapid and aggressive growth of a cancerous tumor. Usually, though, it takes many years, or even decades, for these so-called "malignant" tumors to form.

Unfortunately, basic misconceptions or complete lack of knowledge about the reasons behind tumor growth have turned "malignant" tumors into vicious monsters that have no other purpose but to kill us in retaliation for our sins or abusing the body. However, as you are about to find out, cancer is on our side, not against us. Unless we change our perception of what cancer really is, it will continue to resist treatment, particularly the most "advanced" methods. If you have cancer, and cancer is indeed part of the body's complex survival responses and not a disease, as I suggest it is, you must find answers to the following pressing questions:

What reasons coerce your body into developing cancer cells?

Once you have identified these reasons, will you be able to change them?

What determines the type and severity of cancer with which you are afflicted?

If cancer is a survival mechanism, what needs to be done to prevent the body from taking recourse to such drastic defense measures?

Since the body's original genetic design always favors the preservation of life and protection against adversities of any kind, why would the body permit self-destruction?

Why do almost all cancers disappear by themselves, without medical intervention?

Do radiation, chemotherapy and surgery actually cure cancer, or do cancer survivors heal due to other reasons, despite these radical, side-effect-loaded treatments?

What roles do fear, frustration, low self-worth and repressed anger play in the origination and outcome of cancer?

What is the spiritual growth lesson behind cancer?

To deal with the root causes of cancer, you must find satisfying and practical answers to the above questions. If you feel the inner urge to make sense of this life-changing event, (cancer that is), you most likely will recover from it. Cancer can be your greatest opportunity to help restore balance to all aspects of your life, but it can also be the harbinger of severe trauma and suffering. Either way you are always in control of your body.

To live in a human body, you must have access to a certain amount of life-sustaining energy. You may either use this inherent energy in a nourishing and self-sustaining or in a destructive and debilitating way. In case you consciously or unconsciously choose negligence or self-abuse over loving attention and self-respect, your body will likely end up having to fight for its life.

Cancer is but one of the many ways the body tries to change the way you see and treat yourself, including your body. This inevitably brings up the subject of spiritual health, which plays at least as important a role in cancer as physical and emotional reasons do.

Cancer appears to be a highly confusing and unpredictable disorder. It seems to strike the very happy and the very sad, the rich and the poor, the smokers and the non-smokers, the very healthy and the not so healthy. People from all backgrounds and occupations can have cancer. However, if you dare look behind the mask of its physical symptoms, such as the type, appearance and behavior of cancer cells, you will find that cancer is not as coincidental or unpredictable as it seems to be.

What makes 50% of the American population so prone to developing cancer, when the other half has no risk at all? Blaming the genes for that is but an excuse to cover up ignorance of the real causes. Besides, any good genetic researcher would tell you that such a belief is void of any logic and outright unscientific (as explained in the book).

Cancer has always been an extremely rare illness, except in industrialized nations during the past 40-50 years. Human genes have not significantly changed for thousands of years. Why would they change so drastically now, and suddenly decide to kill scores of people? The answer to this question, which I will further elaborate on in this book, is amazingly simple: Damaged or faulty genes do not kill anyone. Cancer does not kill a person afflicted with it! What kills a cancer patient is not the tumor, but the numerous reasons behind cell mutation and tumor growth. These root causes should be the focus of every cancer treatment, yet most oncologists typically ignore them. Constant conflicts, guilt and shame, for example, can easily paralyze the body's most basic functions, and lead to the growth of a cancerous tumor.

After having seen thousands of cancer patients over a period of three decades, I began to recognize a certain pattern of thinking, believing and feeling that was common to most of them. To be more specific, I have yet to meet a cancer patient who does not feel burdened by some poor self-image, unresolved conflict and worries, or past emotional trauma that still lingers in his/her subconscious. Cancer, the physical disease, cannot occur unless there is a strong undercurrent of emotional uneasiness and deep-seated frustration.

Cancer patients typically suffer from lack of self-respect or worthiness, and often have what I call an "unfinished business" in their life. Cancer can actually be a way of revealing the source of such inner conflict. Furthermore, cancer can help them come to terms with such a conflict, and even heal it altogether. The way to take out weeds is to pull them out along with their roots. This is how we must treat cancer; otherwise, it may recur eventually.

The following statement, which runs like a red thread through the entire book, is very important in the consideration of cancer: **"Cancer does not cause a person to be sick; it is the sickness of the person that causes the cancer."** To treat cancer successfully requires the patient to become whole again on all levels of his body, mind and spirit. Once the cancer causes have been properly identified, it will become apparent what needs to be done to achieve complete recovery.

It is a medical fact that every person has cancer cells in the body at all. These cancer cells remain undetectable through standard tests until they have multiplied to several billion. When doctors announce to their cancer patients that the treatments they prescribed had successfully eliminated all cancer cells, they merely refer to tests that are able to identify the detectable number of cancerous cells. Standard cancer treatments may lower the number of cancer cells to an undetectable level, but this certainly cannot eradicate all cancer cells. As long as the causes of tumor growth remain intact, cancer may redevelop at any time and at any rate.

Curing cancer has little to do with getting rid of a group of detectable cancer cells. Treatments like chemotherapy and radiation are certainly capable of poisoning or burning many cancer cells, but they also destroy healthy cells in the bone marrow, gastro-intestinal tract, liver, kidneys, heart, lungs, etc., which often leads to permanent irreparable damage of entire organs and systems in the body. A real cure of cancer does not occur at the expense of destroying other vital parts of the body.

Each year, hundreds of thousands of people who were once "successfully" treated for cancer die from infections, heart attacks, liver failure, kidney failure and other illnesses because the cancer treatments generate a massive amount of inflammation and destruction in the organs and systems of the body. Of course, these causes of death are not being attributed to cancer. This statistical omission makes it appear we are making progress in the war against cancer. However, many more people are dying from the treatment of cancer than from cancer. A real cure of cancer is achievable only when the causes of excessive growth of cancer cells have been removed or stopped.

## **Power in the Word**

Cancer is the second leading "cause" of death for Americans. According to the American Cancer Society, about 1.2 million cases will be diagnosed with cancer in the U.S. in 2008. More than 552,000 Americans will die of it. Among men, the top three cancer diagnoses are expected to be prostate cancer (180,400 cases), lung cancer (89,500 cases), and colorectal cancer (63,600). The leading types of cancer among women are breast cancer (182,800 cases), lung cancer (74,600), and colorectal cancer (66,600 cases).

Cancer is not just a word, but also a statement that refers to abnormal or unusual behavior of cells in the body. However, in quite a different context, cancer is referred to as a star sign. When someone tells you are a "cancer" are you going to tremble with fear of dying? **It is unlikely, because your interpretation of being of the cancer sign does not imply that you have cancer, the illness.** But if your doctor called you into his office and told you that you had cancer, you would most likely feel paralyzed, numb, terrified, hopeless, or all of the above.

The word "cancer" has the potential to play a very disturbing and precarious role, one that is capable of delivering a death sentence. Being a cancer patient seems to start with the diagnosis of cancer, although its causes may have been there for many years prior to feeling ill. Within a brief moment, the word "cancer" can turn someone's entire world upside down.

Who or what in this world has bestowed this simple word or statement with such great power that it can preside over life and death? Or does it really? Could it actually be that our collective, social belief that cancer is a killer disease, in addition to the aggressive treatments that follow diagnosis, are largely responsible for the current dramatic escalation of cancer in the Western hemisphere? Too far fetched, you might say! In this book, however, I will make

the point that cancer can have no power or control over us, unless we unconsciously allow it to grow in response to the beliefs, perceptions, attitudes, thoughts, feelings we have, and the life choices we make.

Would we be just as afraid of cancer if we knew what caused it or at least understood what its underlying purpose is? Unlikely so! If truth were told, we would most probably do everything to remove the causes and, thereby, set the preconditions for the body to heal itself.

A little knowledge - which is what we call ignorance - is, in fact, a dangerous thing. Almost everyone, at least in the industrialized world, knows that drinking water from a filthy pond or polluted lake can cause life-threatening diarrhea, but still only few realize that holding on to resentment, anger and fear, or eating fast foods, chemical additives, and artificial sweeteners, is no less dangerous than drinking polluted water; it may just take a little longer to kill a person than tiny amoeba can.

## **Mistaken Judgment**

We all know that if the foundation of a house is strong, the house can easily withstand external challenges, such as a violent storm. As we will see, cancer is merely an indication that there is something missing in our body and in life as a whole. Cancer shows that life as a whole (physical, mental and spiritual) stands on shaky grounds and is quite fragile, to say the least. It would be foolish for a gardener to water the withering leaves of a tree when he knows so well that the real problem is not where it appears to be, namely, on the symptomatic level (of withered leaves). By watering the roots of the plant, he naturally attends to the causative level, and consequently, the plant regenerates itself swiftly and automatically.

To the trained eye of a gardener, the symptom of withering leaves is not a dreadful disease. He recognizes that the dehydrated state of these leaves is but a direct consequence of withdrawn nourishment that they need in order to sustain themselves and the rest of the plant.

Although this example from nature may appear to be a simplistic analogy, it offers a profound understanding of very complex disease processes in the human body. It accurately describes one of the most powerful and fundamental principles controlling all life forms on the planet. However skilled we may have become in manipulating the functions of our body through the tools of allopathic medicine, this basic, highly evolved principle of evolution cannot be suppressed or violated without paying the hefty price of side-effect-riddled suffering and pain-physically, emotionally and spiritually.

I fervently challenge the statement that cancer is a killer disease. Furthermore, I will demonstrate that cancer is not a disease at all. Many people who received a "terminal" cancer sentence actually defied the prognosis and experienced total remission.

## **Searching for Answers**

There is no cancer that has not been survived by someone, regardless how far advanced it was. If even one person has succeeded in healing his cancer, there must be a mechanism for it, just as there is a mechanism for creating cancer. Every person on the planet has the capacity for both. If you have been diagnosed with cancer, you may not be able to change

the diagnosis, but it is certainly in your power to alter the destructive consequences that it (the diagnosis) may have on you.. The way you see the cancer and the steps you take following the diagnosis are some of the most powerful determinants of your future wellness, or the lack of it (also see Chapter Three, Demystifying Cancer).

The indiscriminate reference to "cancer" as being a killer disease by professionals and lay people alike has turned cancer into a disorder with tragic consequences for the majority of today's cancer patients and their families. Cancer has become synonymous to extraordinary suffering, pain and death. This is true despite the fact that 90-95 percent of all cancers appear and disappear out of their own accord. There is not a day that passes without the body making millions of cancer cells. Some people, under severe temporary stress make more cancer cells than usual and form clusters of cancerous cells that disappear again once they feel better. Secretions of the DNA's anticancer drug, Interleukin II, drop under physical and mental duress and increase again when relaxed and joyful. Thus, most cancers vanish without any form of medical intervention and without causing any real harm. **Right at this moment, there are millions of people walking around with cancers in their body without having a clue that they have them.** Likewise, there are millions of people who heal their cancers without even knowing it. Overall, there are many more spontaneous remissions of cancer than there are diagnosed and treated cancers.

**The truth is, relatively few cancers actually become "terminal."** However, once diagnosed, the vast majority of all cancers are never even given a chance to disappear on their own. They are promptly targeted with an arsenal of deadly weapons such as chemotherapy drugs, radiation and the surgical knife. The problem with cancer patients is that, terrified by the diagnosis, they submit their bodies to all these cut/burn/poison procedures that, more likely than not, lead them to the day of final sentencing, "We have to tell you with our deepest regret there is nothing more that can be done to help you."

The most pressing question is not how advanced or dangerous a cancer is, but what we need to do to not end up dying from it. Why do some people go through cancer as if it were the flu? Are they just lucky or is there a mechanism at work that triggers the healing? In other words, what is that element that prevents the body from healing cancer naturally, or what is that hidden element that makes cancer so dangerous, if it is dangerous at all?

The answers to all these queries lie with the response of the person who has the cancer, and not with the degree of "viciousness" or advanced stage it appears to have progressed to. Do you believe that cancer is a disease? You will most likely answer with a "yes," given the 'informed' opinion that the medical industry and mass media have fed to the masses for many decades. Yet, the most pressing yet rarely asked question remains: "Why do you think cancer is a disease?" You may say: "Because I know cancer kills people every day." I would question you further: "How do you know that it is the cancer that kills people?" You would probably argue that most people who have cancer die, so obviously it must be the cancer that kills them. Besides, you may reason, all the expert doctors tell us so.

Let me ask you another question, a rather strange one: "How do you know for sure that you are the daughter/son of your father and not of another man?" Is it because your mother told you so? What makes you think that your mother told you the truth? Probably because you believe her; and you have no reason not to. After all, she is your mother, and mothers do not lie about these things. Or do they? Although you will never really know that the person you believe to be your father is, in fact, your father, you nevertheless have turned what you subjectively believe into something that you 'know,' into an irrefutable truth.

Although there is no scientific proof whatsoever that cancer is a disease (versus a survival mechanism), most people will insist that it is a disease because this is what they were told to believe. Yet their belief is only hearsay information based on other people's opinions. These other people heard it from someone else. Eventually, the "truth" of cancer being a disease can be traced to some doctors who expressed their subjective feelings or beliefs about what they observed and wrote about in some review articles or medical reports. Other doctors agreed with their opinion, and before long, it became a "well-established" fact that cancer is a vicious illness that somehow gets hold of people in order to kill them. However, the truth of the matter may be quite different.

## Wisdom of Cancer Cells

Cancer cells are not part of a malicious disease process. When cancer cells spread (metastasize) throughout the body, it is not their purpose or goal to disrupt the body's vital functions, infect healthy cells and obliterate their host (the body). Self-destruction is not the theme of any cell unless, of course, it is old and worn-out and ready to be turned-over and replaced. Cancer cells, like all other cells, know that if the body dies, they will die as well. Just because some people assume that cancer cells are there to destroy the body does not mean cancer cells have such a purpose or ability. A cancerous tumor is neither the cause of progressive destruction nor does it actually lead to the death of the body. There is nothing in a cancer cell that has even remotely the ability to kill anything.

What eventually leads to the demise of an organ or the entire body is the wasting away of cell tissue resulting from continued deprivation of nutrients and life force. **The drastic reduction or shutdown of vital nutrient supplies to the cells of an organ is not primarily a consequence of a cancerous tumor, but actually its biggest cause.** By definition, a cancer cell is a normal, healthy cell that has undergone genetic mutation to the point that it can live in an anaerobic surrounding (an environment where oxygen is not available). In other words, if you deprive a group of cells of vital oxygen (their primary source of energy), some of them will die, but others will manage to alter their genetic software program and mutate in a most ingenious way: the cells will be able to live without oxygen and derive some of their energy needs from such things as cellular metabolic waste products.

It may be easier to understand the cancer cells phenomenon when comparing it with the behavior of common microorganisms. Bacteria, for example, are divided into two main groups, aerobic and anaerobic, meaning, those that need to use oxygen and those that can live without it. This is important to understand since we have more bacteria in our body than we have cells. Aerobic bacteria thrive in an oxygenated environment. They are responsible for helping us with the digestion of food and manufacturing of important nutrients, such as B-vitamins. Anaerobic bacteria, on the other hand, can appear and thrive in an environment where oxygen does not reach. They break down waste materials, toxic deposits and dead, worn-out cells.

The body sees the cancer as being such an important defense mechanism that it even causes the growth of new blood vessels to guarantee the much-needed supply of glucose and, therefore, survival and spreading of the cancer cells. It knows that cancer cells do not cause but, prevent death; at least for a while, until the wasting away of an organ leads to the demise of the entire organism. If the trigger mechanisms for cancer (causal factors) are properly taken care of, such an outcome can be avoided.

It is commonly believed that our immune system protects us against cancer. However, this is only partially true. On the one hand, the immune system readily destroys the millions of

cancer cells that a healthy human body produces as part of the daily turnover of 30 billion cells. On the other hand, the immune system takes no action to eradicate cancer cells that develop in response to a build up of toxins, congestion and emotional stress.

Cancers and all other tissues in the body are larded with cancer-killing white cells, such as T-cells. In the case of kidney cancer and melanomas, for example, white cells make up 50 per cent of the mass of the cancers. Since these T-cells easily recognize foreign or mutated cell tissue such as cancer cells, you would expect these immune cells to attack cancer cells right away. However, the immune system allows cancer cells to recruit it to actually increase and spread the cancer to other parts of the body. Cancer cells produce specific proteins that tell the immune cells to leave them alone and help them to grow.

Why would the immune system want to collaborate with cancer cells to make more or larger tumors? Because cancer is a survival mechanism, not a disease. The body uses the cancer to keep deadly carcinogenic substances and caustic metabolic waste matter away from the lymph and blood and, therefore, from the heart, brain and other vital organs. Killing off cancer cells would in fact jeopardize its survival. Cleansing the body of accumulated toxins and waste products through the various cleansing methods advocated in *Timeless Secrets of Health and Rejuvenation* removes the need for cancer.

Cancer is not a disease; it is the final and most desperate survival mechanism the body has at its disposal. It only takes control of the body when all other measures of self-preservation have failed. To truly heal cancer and what it represents in a person's life we must come to the understanding that the reason the body allows some of its cells to grow in abnormal ways is in its best interest and not an indication that it is about to destroy itself. Cancer is a healing attempt by the body for the body. Blocking this healing attempt can destroy the body. Supporting the body in its healing efforts can save it.

Andreas Moritz's book, *Cancer Is Not A Disease*, explains the root causes of cancer and how to eliminate them for good.

Copyright © 2009 Ener-Chi Wellness Center  
All rights reserved.