

Disorders of the Skin

Nearly all skin diseases such as *eczema*, *acne* and *psoriasis*, have one factor in common: gallstones in the liver. Almost every person with a skin disease also has intestinal problems and impure blood, in particular. These are mainly caused by gallstones and the harmful effects they have on the body as a whole. Gallstones contribute to numerous problems throughout the body - particularly in the digestive, circulatory and urinary systems. In its attempt to eliminate what the colon, kidneys, lungs, liver and lymphatic system were unable to remove or detoxify, the skin becomes flooded and overburdened with acidic waste. Although it is the largest organ of elimination in the body, it eventually succumbs to the acid assault. The toxic material is first deposited in the connective tissue underneath the dermis. When this 'waste depot' is saturated, the skin begins to malfunction.

Excessive amounts of noxious substances, cell debris, microbes from different sources, such as gallstones, and various antigens from improperly digested foods congest the lymphatic system and inhibit proper lymph drainage from the various layers of the skin. The toxins and putrefying protein from damaged or destroyed skin cells attract microbes and become a source for constant irritation and inflammation of the skin. Skin cells begin to suffer malnutrition, which may greatly reduce their normal interval of turnover (about once every month). This may also cause extensive damage to skin nerves.

If the sebaceous glands, which pour their secretion, *sebum*, into the hair follicles, become nutrient deficient, hair growth becomes abnormal and, in particular, *scalp hair may fall out*. When *melanin* supply becomes deficient, the *hair turns gray*. Sebum deficiency also alters the healthy texture of the hair and makes it look dull and unattractive. On the skin, sebum acts as a bactericidal and fungicidal agent, preventing the invasion of microbes. It also prevents drying and cracking of the skin, especially when exposed to sunshine and hot, dry air.

Genetic predisposition towards developing baldness or any other skin disorders is not a major causative factor, as is often assumed. Healthy skin functions are restored and hair growth, particularly among women, is returned to normal once all gallstones are removed and the colon and kidneys/bladder are kept clean