

Colon Cleansing, Digestion and Oxidation

The average person is walking around with anywhere from six to twelve pounds of undigested material fermenting in their intestines and colon. Digestion is a process of oxidation. That is why we give off heat, carbon dioxide and sulfur dioxide. Just like a car engine when there is improper oxidation some of the fuel gets left behind as a residue. In the digestive tract, there is a similar build up of partially digested gunk. In an automobile when you add oxygen to the fuel mixture the built up materials are burned off or oxidized. You can do the same for your body. As these materials accumulate and subsequently begin to rot, your body wraps them in mucous to keep them from poisoning you. Colosan turns the accumulation and the mucous into carbon dioxide and water that are gently eliminated. It is unimaginable to think of going one week without the use of a toothbrush or toilette tissue. Yet, when was the last time you thought about cleaning the twenty feet in between? Do you think it's any cleaner? It's a simple fact, people rarely clean where they cannot see and that is where problems begin.

Somewhere to Hide

Your impacted material is home base to four of the most dangerous threats to your health. Number one, it is where toxins accumulate. For example when you are behind a bus in traffic, the exhaust gets in your saliva and sinus, then you swallow and that chemical soup is absorbed into the impacted material and eventually leaches toxins into your bloodstream. Second, it is where virus' and bacteria hide when your immune system chases them out of your bloodstream. There they breed and re-infect. Third, the impacted material is a fecal fortress for parasites to reside in and an ideal garden for the overgrowth of undesirable flora such as candida. By using Colosan to oxidize and eliminate this impacted material, you are eradicating the home base to four of the largest assailants to your health and giving them nowhere to hide.

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Assimilation and Elimination

Colosan is also vital to the operation of two very important gut functions - assimilation and elimination. The colon is approximately three to five feet long. The walls of it are reasonably smooth and it is primarily an organ of elimination. If the colon is clogged with mucous and undigested material, the function of elimination is impeded. Many practitioners recommend health regimens that involve the detoxification of the liver, kidneys, the bloodstream, and the lymph. However, if the colon is not cleaned first, these systems have nowhere to empty to and back up. This creates a feeling of malaise known as a detox reaction, or healing crisis. These episodes are unpleasant and can be completely avoided by using Colosan prior to any detox regimen. By cleaning out the colon with Colosan first, it enables the detoxification regimen to proceed without impediment and, in fact, can be pursued more aggressively and to better effect. The intestines are approximately twenty feet long. Nature designed them with a maximum amount of surface area for absorption. The inside of the intestines consists of villi. These are hundreds of finger-like projections making the internal texture of the intestines much like a shag rug. When the villi get pasted down with mucous and impacted material they are less able to absorb nutrients from food or get maximum benefits from your supplementation. Instead, you are reabsorbing toxins from the impacted material as it ferments. By cleaning out the intestines, shampooing that shag rug as it were, you enable yourself to get the maximum benefit out of the food that you eat and the supplements that you take. It is also a wonderful way to reduce bloat and relieve that lousy tired feeling one gets from absorbing poisons into the bloodstream through the intestines instead of nutrients.

Proper Colon Hygiene

Colosan is widely regarded by Practitioners as the most thorough, gentle cleanse that utilizes and complements the body's natural process of oxidative digestion. It is preferred to herbal micro toxins and amphetamines which purge the body of valuable water. It is also preferable to fiber as in psyllium, bentonite clay, and granular activated carbon which all attempt to scrape or leach the

impaction out rather than oxidize it as Colosan does. It is a good idea to stick with tradition as for centuries man has been using oxygen for digestion and clay and fiber to make bricks.

Common Use

Colosan is a powder. It is oxygen and ozone bonded to magnesium. A heaping teaspoon is dissolved in a 12 oz glass of water. Colosan is followed by the juice of half a lemon, squeezed into the same glass with a dash more water. Colosan releases a tremendous amount of oxygen and ozone in the intestines and colon for the purpose of cleansing.

Typically, when a person first gets a jar of Colosan, they will take it two or three times a day for a week for an initial cleanse, after which an individual would be inclined to take it once or twice a week for maintenance. It is important to take Colosan on an empty stomach and wait an hour before eating anything else. The lemon juice assists the hydrochloric acid in your stomach to cause Colosan to release oxygen. This simple reaction allows it to pass into your intestines and your colon quickly. There are three times a day when most people find that they have an empty stomach and will not be consuming anything for an hour. These are first thing in the morning, around five o'clock in the afternoon and right before bed.

[Colosan](#) is a thorough cleanser. That means it will help you to empty undesired materials from your intestines and your colon once they are reduced into carbon dioxide and water. One can expect copious, aqueous stools but should not experience gas as all reactions take place in solution. This is to be distinguished from diarrhea where by diuretic action or microbial invasion the body purges itself of valuable fluids and there is a sense of urgency. With Colosan, you will have no sense of urgency - one more reason why it is the colon hygiene product of choice. In fact, Colosan is used by many colon hydrotherapists as an adjunct to their colon irrigations or colonics, because it allows them to clean the intestines as well as the colon. Just as its' been said for centuries that death begins in the colon - With proper colon hygiene health, vitality and longevity can begin in the colon.