

MAGNESIUM OIL is a 'Stand Alone' product that is 'Super Charged' using a proprietary method making it exponentially more effective for pain relief than any other product in the world. We use only the purest, most absorbable, potent, food/pharmaceutical grade Magnesium Chloride Hexahydrate.

This magnesium oil is a very unique and powerful form of Magnesium Chloride Hexahydrate that is almost immediately assimilated by the body, through the skin, directly to the cellular level.

MAGNESIUM: ESSENTIAL MINERAL

Magnesium is a critical macro nutrient for human health. It is essential to more than 300 cellular processes, some of which include muscle & nerve function, heart rhythm, and peristalsis (muscular contractions of the digestive system).

Magnesium is also a very important part of structural integrity. Approximately 50% of total body magnesium is found in the bones. Also, magnesium is required for your body to properly absorb calcium, and thus maintain strong bones & ligaments.

Since the human body is run by electricity, any disturbance in the flow of this electricity through the nervous system typically causes a great deal of pain and illness. Magnesium is responsible for the movement of electrically charged ions through the blood, as well as across nerve cell membranes. Healthy levels of magnesium maintain adequate electrical communication throughout the body.

Dr. Sidney Baker- "Magnesium deficiency can affect virtually every organ system of the body. With regard to skeletal muscle, one may experience twitches, cramps, muscle tension, muscle soreness, including back aches, neck pain, tension headaches and jaw joint (TMJ) dysfunction. Also, one may experience chest tightness or a peculiar sensation that he can't take a deep breath. Sometimes a person may sigh a lot."

Magnesium deficiency commonly occurs in critical illness and correlates with a higher mortality. Magnesium has been directly implicated in hypokalemia, hypocalcemia, tetany, and dysrhythmia. Moreover, magnesium may play a role in acute coronary syndromes, acute cerebral ischemia, and asthma. Magnesium regulates hundreds of enzyme systems. By regulating enzymes controlling intracellular calcium, magnesium affects blood flow, an important factor in several critical illnesses.

Dr. Jerry L. Nadler- "The link between diabetes mellitus and magnesium deficiency is well known." Magnesium is necessary for the production, function & transport of insulin.

BENEFITS OF MAGNESIUM

A French doctor, Dr. A. Neveu, found magnesium chloride effective with asthma, bronchitis, pneumonia and emphysema; pharyngitis, tonsillitis, hoarseness, common cold, influenza, whooping cough, measles, rubella, mumps, scarlet fever; poisoning, gastro-enteritis, boils, abscesses, whitlow, infected wounds

and osteomyelitis. In more recent years this list has been joined by more diseases which have been successfully treated: acute asthma attacks, shock, tetanus, herpes zoster, acute and chronic conjunctivitis, optic neuritis, rheumatic diseases, many allergic diseases, Chronic Fatigue Syndrome and has had beneficial effects in cancer therapy. In all of these cases magnesium chloride had been used

In his book "Holy Water, Sacred Oil", Dr. Norman Shealy documents almost ninety health issues that are directly related to magnesium deficiency. Additionally, Dr. Shealy draws a strong correlation between magnesium levels and DHEA levels. He has also determined that when the body is presented with adequate levels of magnesium at the cellular level, the body will begin to naturally produce DHEA and also DHEA-S.

Since DHEA is the primary bio-marker for aging, the long term use of large doses of magnesium in a usable form will significantly raise DHEA levels and thus produce true Age Reversal results. Dr. Shealy refers to DHEA as the Master Hormone. Sufficient levels of DHEA induce the production of all of the other hormones. The depletion of hormones is associated with many symptoms of aging. Stimulating a return to healthy and balanced levels of these hormones can bring about a regaining of youthful vitality. Indeed, through the use of magnesium oil, middle-aged women have reported complete abatement of menopausal symptoms and some have even returned to their menstrual cycle.

Dr. Shealy has stated that once anyone commences regular use of Magnesium Oil, the aging process has stopped and true age reversal has begun. Since we have stopped aging, time is no longer working against us. This brings about an incredible peace of mind and body.

Appropriate testing for magnesium and DHEA levels before and after regular magnesium oil use, even for a couple of months, will demonstrate dramatic elevations in both. Finally, with magnesium oil, you can significantly affect the many symptoms of magnesium deficiency, including such systemic conditions as osteoporosis. Reports indicate that after prolonged use of magnesium oil, clients with serious bone density issues have rebuilt bones so dense that they would be difficult to drill into and yet they remain flexible.

We will all eventually regain the optimum level of DHEA we had at about age 23. They have made the observation that when we get our DHEA levels to where they were 10, 15 or 20 years ago, we will very likely look and feel like we did 10, 15, or 20 years ago and, incidentally, many of the symptoms that crept into our lives during the last 10, 15, or 20 years will likewise disappear.

Using magnesium oil, truly astounding things can happen. Some people have reported the regrowth of deteriorated bone, cartilage, and even a regeneration of enamel on their teeth. Teeth have developed a pearly translucence as a result of regular brushing with magnesium oil. These same teeth became so hard that a dentist would have had trouble drilling into them... in the event that was ever required.

More frequently, sufferers of arthritis in its many forms have turned to magnesium oil for near-instant relief from pain. Long term users of magnesium oil have experienced an improvement in the health of

their bones, ligaments, and the afflicted joints. Of important note is the use of magnesium oil by sufferers of fibromyalgia, who often enjoy quick relief of this crippling pain.

For skin, magnesium oil may be used to rejuvenate wrinkled or damaged skin. Graying hair can be fed back to health by massaging magnesium oil into it each evening and left on overnight. Even bald or balding areas of the scalp have a chance of recovery when infused with this powerful mineral. This can also be applied to age spots. To induce the healing of scar tissue, massage essential oils frankincense, myrrh, and magnesium oil into the scar.

The heart, circulatory system, and nervous system all depend heavily on magnesium. Any application of magnesium will feed all of these. More specifically, spraying magnesium oil directly over the heart, into the arm pits, behind the knees, and onto the tops of the feet will increase the coverage and whole body reception of magnesium.

DELIVERY SYSTEMS FOR MAGNESIUM

The supply of magnesium in a compound and its bioavailability determine the effectiveness of the magnesium source. Bioavailability refers to the amount of magnesium in food, medications, and supplements that is actually absorbed and ultimately available for biological activity in your cells and tissues.

Several methods exist for receiving magnesium into your body. Let's start with the most common:

Dietary:

The best easily acquired food-sources of magnesium are whole grains, legumes, and vegetables (especially dark-green, leafy vegetables). Higher quality foods (i.e. organically grown with ocean minerals) will provide a better supply of usable magnesium, as well as other minerals and nutrients. Many superfoods & herbs contain above-average quantities of magnesium and will quicken the restoration of healthy magnesium levels. These include raw cacao beans, cayenne pepper, and stinging nettle to name just a few.

Many powdered mixes have been formulated with ingredients high in magnesium. Choose a high quality powder for better results. A few really good ones are The Sun Is Shining, and Pure Synergy. Both use organic/wildcrafted ingredients.

Increasing dietary intake of magnesium can often restore mildly depleted magnesium levels. However, dietary intake of magnesium may not be enough to restore very low magnesium levels to normal.

Oral Supplementation (Pills/Liquid):

It is well known that oral supplementation of magnesium in any significant quantities will cause massive

and prolonged diarrhea and is very likely to cause serious kidney damage. These side effects are completely avoided when using magnesium oil even with very large quantities and high frequency.

Magnesium pills with an enteric coating (this prevents the supplement from opening in the stomach) can decrease bioavailability. Magnesium tablets also may be prescribed, although some forms can cause diarrhea. It is important to have the cause, severity, and consequences of low blood levels of magnesium evaluated. People with a kidney disease may not be able to excrete excess amounts of magnesium; therefore it is risky for such people to consume magnesium supplements orally.

Oral magnesium supplements combine magnesium with another substance such as a salt. Examples of magnesium supplements include magnesium oxide, magnesium sulfate, and magnesium carbonate.

Intravenous Supplementation:

When blood levels of magnesium are very low, intravenous magnesium replacement is usually recommended. This typically occurs in emergency rooms and intensive care units. IV magnesium is invasive, uncomfortable, and requires a doctor to administer it. It is also a very expensive way to get magnesium.

Transdermal Supplementation:

Transdermal refers to absorption through the skin. This has been found to be the easiest, cheapest, and most effective method of acquiring magnesium. The reason this occurs is because it cuts out the middle man: your digestive system. Absorption of magnesium in the intestines is very low, the excess being flushed out with other bodily wastes. This often causes diarrhea and can lead to kidney damage if continued for a long period of time.

When supplementing magnesium through your skin, this problem is no longer an issue. Wherever magnesium oil is applied to the skin, it is absorbed very quickly and is able to be spot-applied to any point of the body that has an obvious need for it.

The quick appearance of results (often within a few days, up to a few months) while daily using magnesium oil dramatically lowers the cost in both time and money required to obtain replenished magnesium in your body.

USAGE INSTRUCTIONS FOR MAGNESIUM OIL

1. Spray once or twice onto any sore or aching joints. Massage into skin.
2. Spray into armpits, behind the knees, and onto the tops of the feet. Massage in. These areas target the lymph system.
3. Spray onto the chest, directly over the heart. This nourishes the heart, which uses magnesium to maintain normal rhythm.

4. Spray into your mouth and brush your teeth. Rinse and spit out. Do not swallow magnesium oil, because it is very concentrated.
5. Use magnesium oil during a massage. This increases the coverage of magnesium across your entire body, and further increases absorption and circulation.
6. Use in a bath. Pour ½ oz or more of magnesium oil into a bath, and soak for at least 30 minutes.

FREQUENTLY ASKED QUESTIONS

Q1. How quickly does magnesium oil absorb into my skin? Will it smell?

A1. Magnesium oil absorbs almost immediately upon contact. Applying 1 or 2 sprays of magnesium oil and massaging it into your skin will speed up the absorption of the magnesium oil, and leave almost no residue. A slight “oily” feeling will occur if a lot is applied. Magnesium oil has no odor.

Q2. I experienced a slight rash and tingling sensation at the location I applied the magnesium oil. Why?

A2. The tingling sensation is a result of the magnesium entering the skin, which is harmless, and isn't always felt. Rashes occur because of a concentration of toxic substances in your body, the rash being the point of detox your body is using to eliminate them. These are also harmless. In order to prevent rashes from occurring, simply dilute the magnesium oil 1:1 with pure water. Remember, this is a very concentrated product.

Q3. What is the maximum daily dosage of magnesium oil?

A3. There is none. By spraying magnesium onto your skin, rather than eating it, you bypass the problem of the gastrointestinal barrier. Excess magnesium in your intestines is not absorbed, just eliminated. Transdermal magnesium is largely absorbed and used by your cells on location.

Q4. Are there any precautions to using magnesium oil?

A4. Do not apply it to your eyes or into your nose. This would cause irritation. Applying magnesium oil onto open wounds will cause stinging, but will also increase speed of healing.

Enjoy the spark☺